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From: Georgia Perinatal Association <anita@jlh-consulting.com>

Subject: GPA E-News: January Issue

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E-NEWS

January 2016

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ACOG Redefines Term Pregnancy

Dan Eller, MD
Maternal-Fetal Specialists

The American College of Obstetricians and Gynecologists (the College) released a Committee Opinion in November of 2013 (Number 579) entitled Definition of Term Pregnancy¹. Traditionally the definition of a term pregnancy has been 37 0/7 weeks to 41 6/7 completed weeks from the last menstrual period (LMP). This definition was based on the assumption that neonatal outcomes were uniform and optimal in this gestational age range. Recent research has shown variable outcomes of infants delivered within that time frame, particularly respiratory morbidity. Uniform definitions are helpful to facilitate data reporting, assess and improve quality of healthcare, and promote effective clinical research. As a result, a work group composed of representatives from the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD), the College, the Society for Maternal-Fetal Medicine (SMFM), and other interested parties was convened to address this issue².

The work group recommended further classification regarding deliveries within the traditional five-week window previously defined as term. Those delivering from 37 0/7 through 38 6/7 weeks would be classified as Early Term, those between 39 0/7 to 40 6/7 as Full Term, those between 41 0/7

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